

Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **New!** On July 1st, 2024, the Centers for Medicare and Medicaid Services launched the Guiding an Improved Dementia Experience (GUIDE) Model, and will run for 8 years. There are 390 organizations participating in the model, 14 of which are located in Los Angeles County. [Learn more about GUIDE and which organizations are participating.](#)
- **Stay informed!** For local data and reports on Alzheimer's, caregivers of people with dementia, check out the [Department of Public Health's Data & Surveillance page.](#)
- **In case you missed it!** Hosted by the American Medical Association, Centers for Disease Control and Prevention, and the Alzheimer's Association, the Navigating Brain Health and Dementia Webinar Series provides physicians with essential insights into dementia screening, treatment, and risk reduction. [Watch the series and claim FREE CME credits.](#)

Funding Opportunities

VIRTUAL COACH: HEALTHMATTERS PROGRAM

Deadline: August 9, 2024

This 12-week health promotion program is designed for community-based service providers, frontline staff, and caregivers to support healthy options and choices for people with intellectual and developmental disabilities.

CVS HEALTH FOUNDATION: FOCUS ON HEALTHY AGING

Deadline: August 16, 2024

The Foundation is awarding up to five multi-year, \$1 million grants through its Focus on Health Aging Program to strengthen systems-of-care for older adults with brain, heart, and mental health conditions. Projects in California are eligible to apply, applicant must have 501(c)(3) status.



Trainings and Webinars

- Jul 24** 10 AM PST **PHCOE-DC:** Evidence-Based Programs to Support Family Dementia Caregivers: Role of Public Health. [Register Now.](#)
- Jul 24** 12 PM PST **Alz Association:** Nourishing Minds: Exploring Nutrition and Food Security's Role in Dementia Risk Reduction. [Register Now.](#)
- Aug 1** 5:45 AM PST **Alz Association International Conference.** Join virtually. [Register Now.](#)
- Aug 8** 10 AM PST **UsAgainstAlzheimer's:** Social Isolation, Loneliness, and Dementia. [Register Now.](#)
- Aug 12** 12 PM PST **NADRC:** Dementia Friendly Clark County, Nevada. [Register Now.](#)
- Aug 27** 11 AM PST **NADRC:** Cognitive Simulation Therapy Programs. [Register Now.](#)
- Aug 28** 12 PM PST **Alz Association:** Breaking Barriers: Combating Dementia through Social Engagement. [Register Now.](#)



Community Events

Get involved! Promote these events to your network.

- Jul 25** 11 AM PST **Family Caregiver Alliance:** Financial Self-Care for Family Caregivers. [Register Now.](#)
- Aug 7** 1:30 PM PST **Alzheimer's LA:** Healthy Brain Habits. In-person event at Montebello Senior Senior: 115 S. Taylor Ave. Montebello, CA 90640.
- Aug 8** 10:30 AM PST **Alzheimer's LA:** Healthy Brain Habits. Virtual. [Register Now.](#)
- Aug 17** 11 AM PST **Alzheimer's LA:** Healthy Brain Habits. In-person event at Northridge Branch Library: 9051 Darby Ave. Northridge, CA 91325.
- Sep 17** 9 AM PST **Alzheimer's Association:** Spanish Community Forum. In-person event at Meet Each Need with Dignity (MEND). 10641 San Fernando Road. Pacoima, CA 91331. [Register Now.](#)

In the Spotlight

Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families.

Send success stories, achievements, or highlight ongoing initiatives to Mariana Reyes (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.



Featured Resources

- COMMUNITY RESOURCE**
[Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.](#)
- COMMUNITY RESOURCE**
[California Department of Public Health's 'Take on Alzheimer's' Public Awareness Campaign.](#)
- COMMUNITY RESOURCE**
[Healthy Food, Healthy Brain Rack Card Series. Topics include but not limited to: Diet, Exercise, Hearing, Sleep.](#)
- LEARNING MODULE**
[Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.](#)
- TOOLKIT**
[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems](#)
- COMMUNITY RESOURCE**
[BOLD Center on Dementia Caregiving - A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners.](#)



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to Mariana Reyes (healthybrainla@ph.lacounty.gov).

